

GOKHALE EDUCATION SOCIETY'S
SHRI BHAUSAHEB VARTAK COLLEGE OF ARTS, COMMERCE & SCIENCE,
BORIVALI (W), MUMBAI – 400091
Department of Psychology – A. Y. 2019-20

The Department of Psychology has always been attempting to sensitize their students about mental health and implement psychological topics through various activities. The following activities were conducted in the year 2019-20

1. Essay Writing Competition

The topics of the essay writing competition were:

- Stress Management
- The importance of Psychology

2. Mind Mechanics Games

2 games were conducted. They were:

- The Memory Test
- Psychodrama

Counselling of students was done on a regular basis and a total of 19 students were counselled by the centre in this academic year.

The Department also runs a Counselling Centre to help students with mental health issues and cope with their problems.

In-charge Teacher

Ms. Ritika Tejwani